

Origins-11 A Gift From Eden

Memory Verse

www.sabbathtruth.com

Matthew 12:8 For the Son of man is Lord even of the Sabbath day.

Creation and the Seventh-Day Sabbath

Exodus 20:8–11 (NKJV) “Remember the Sabbath day, to keep it holy.⁹ Six days you shall labor and do all your work,¹⁰ but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates.¹¹ For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it.

“The Sabbath is not introduced as a new institution but as having been founded at creation. It is to be remembered and observed as the memorial of the Creator’s work.” - PP, p. 307.

***Genesis 2:1–3** Thus the heavens and the earth, and all the host of them, were finished. And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done. Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made.

Hebrews 4:3–4 (NKJV) For we who have believed do enter that rest, as He has said: “So I swore in My wrath, ‘They shall not enter My rest,’ ” although the works were finished from the foundation of the world.⁴ For He has spoken in a certain place of the seventh day in this way: “And God rested on the seventh day from all His works”;

Hebrews 4:9 There remains therefore a rest for the people of God.

The Rich Meaning of Sabbath Rest

Deuteronomy 5:12–15 (NKJV) ‘Observe the Sabbath day, to keep it holy, as the Lord your God commanded you.¹³ Six days you shall labor and do all your work,¹⁴ but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your ox, nor your donkey, nor any of your cattle, nor your stranger who is within your gates, that your male servant and your female servant may rest as well as you.

¹⁵ And remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there by a mighty hand and by an outstretched arm; therefore the Lord your God commanded you to keep the Sabbath day.

This text says nothing about the six days of Creation or about the Sabbath being God’s rest. Instead, the emphasis here is on Salvation, on deliverance, on Redemption, in this case the redemption from Egypt, a symbol of the true Redemption we have in Jesus.

***Exodus 31:13** (NKJV) “Speak also to the children of Israel, saying: ‘Surely My Sabbaths you shall keep, for it is a sign between Me and you throughout your generations, that you may know that I am the Lord who sanctifies you.

***Ezekiel 20:11–12** (NKJV) And I gave them My statutes and showed them My judgments, ‘which, if a man does, he shall live by them.’¹² Moreover I also gave them My Sabbaths, to be a sign between them and Me, that they might know that I am the Lord who sanctifies them.

Psalm 51:10 (NKJV) Create in me a clean heart, O God, And renew a steadfast spirit within me.

Jesus And The Sabbath

Mark 2:27–28 (NKJV) And He said to them, “The Sabbath was made for man, and not man for the Sabbath.²⁸ Therefore the Son of Man is also Lord of the Sabbath.” **Not “For Jews”**

***Luke 4:16** (NKJV)¹⁶ So He came to Nazareth, where He had been brought up. And as His custom was, He went into the synagogue on the Sabbath day, and stood up to read. **He went to Church.**

Luke 4:31 (NKJV) Then He went down to Capernaum, a city of Galilee, and was teaching them on the Sabbaths.

***Leviticus 23:3** (NKJV) ‘Six days shall work be done, but the seventh day is a Sabbath of solemn rest, a holy convocation. You shall do no work on it; it is the Sabbath of the Lord in all your dwellings.

Convocation; a group of people gathered in answer to a summons; assembly, convene.

Luke 4:40 (NKJV) When the sun was setting, all those who had any that were sick with various diseases brought them to Him; and He laid His hands on every one of them and healed them.

Jesus heals a fever, casts out devils, heals paralysis, blindness, swelling, withered hand, osteoporosis. And eating grain from fields.

Notice in all these stories Jesus of healing these things happened in passing. Jesus never set up a Sabbath clinic he never set the disciples out gleaning. None of this was scheduled.

Matthew 12:9–13 (NKJV) ⁹ Now when He had departed from there, He went into their synagogue. ¹⁰ And behold, there was a man who had a withered hand. And they asked Him, saying, “Is it lawful to heal on the Sabbath?”—that they might accuse Him. ¹¹ Then He said to them, “*What man is there among you who has one sheep, and if it falls into a pit on the Sabbath, will not lay hold of it and lift it out?*” ¹² *Of how much more value than is a man than a sheep? Therefore it is lawful to do good on the Sabbath.*” ¹³ Then He said to the man, “*Stretch out your hand.*” And he stretched it out, and it was restored as whole as the other. Then the Pharisees went out and plotted against Him, how they might destroy Him.

Luke 13:10–17 (NKJV) ¹⁰ Now He was teaching in one of the synagogues on the Sabbath. ¹¹ And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. ¹² But when Jesus saw her, He called her to Him and said to her, “*Woman, you are loosed from your infirmity.*” ¹³ And He laid His hands on her, and immediately she was made straight, and glorified God. ¹⁴ But the ruler of the synagogue answered with indignation, because Jesus had healed on the Sabbath; and he said to the crowd, “There are six days on which men ought to work; therefore come and be healed on them, and not on the Sabbath day.” ¹⁵ The Lord then answered him and said, “*Hypocrite! Does not each one of you on the Sabbath loose his ox or donkey from the stall, and lead it away to water it?*” ¹⁶ *So ought not this woman, being a daughter of Abraham, whom Satan has bound—think of it—for eighteen years, be loosed from this bond on the Sabbath?*”

Donkey or ox, clean or unclean animals.

Judges 3:14 (NKJV) *So the children of Israel served Eglon king of Moab eighteen years.*

Judges 10:8 (NKJV) ⁸ *From that year they [the Philistines] harassed and oppressed the children of Israel for eighteen years—*

A Psalm for the Sabbath

Read Psalm 92

Sabbath and the Last Days

2 Peter 3:3–7 (NKJV) ³ knowing this first: that scoffers will come in the last days, walking according to their own lusts, ⁴ and saying, “Where is the promise of His coming? For since the fathers fell asleep, all things continue as they were from the beginning of creation.” ⁵ For this they willfully forget: that by the word of God the heavens were of old, and the earth standing out of water and in the water, ⁶ by which the world that then existed perished, being flooded with water. ⁷ But the heavens and the earth which are now preserved by the same word, are reserved for fire until the day of judgment and perdition of ungodly men.

Revelation 14:6–7 (NKJV) Then I saw another angel flying in the midst of heaven, having the everlasting gospel to preach to those who dwell on the earth to every nation, tribe, tongue, and people—⁷ saying with a loud voice, “Fear God and give glory to Him, for the hour of His judgment has come; and *worship Him who made heaven and earth, the sea and springs of water.*”

Sabbath Work Principles

Matthew 12:3–5 (NKJV) But He said to them, “*Have you not read what David did when he was hungry, he and those who were with him: ⁴ how he entered the house of God and ate the showbread which was not lawful for him to eat, nor for those who were with him, but only for the priests?*” ⁵ *Or have you not read in the law that on the Sabbath the priests in the temple profane the Sabbath, and are blameless?*

“Again, the priests in the temple performed greater labor on the Sabbath than upon other days. The same labor in secular business would be sinful; but the work of the priests was in the service of God. They were performing those rites that pointed to the redeeming power of Christ, and their labor was in harmony with the object of the Sabbath. But now Christ Himself had come. The disciples, in doing the work of Christ, were engaged in God's service, and that which was necessary for the accomplishment of this work it was right to do on the Sabbath day.”

Christ would teach His disciples and His enemies that the service of God is first of all. The object of God's work in this world is the redemption of man; therefore that which is necessary to be done on the Sabbath in the accomplishment of this work is in accord with the Sabbath law. Jesus then crowned His argument by declaring Himself the “Lord of the Sabbath,”--One above all question and above all law. This infinite Judge acquits the disciples of blame, appealing to the very statutes they are accused of violating.” - DA 285